

Name: Colton Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: 8/7/23 to 8/11/23
School Year: 2023		Subject: Sports Medicine and Rehabilitation 1	
Monday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define anatomical terms from layman's term to medical terms. 2. Identify the bones of the body. 3. Label the bones. 4. Identify the bones of the axial skeleton <p>Lesson Overview:</p> <p>L 1 Skeletal System and Skull</p> <p>L 2 Axial Skeleton</p>	<p>Academic SPORTS MED Standards:</p> <p>2.3</p> <p>2.2</p>
Tuesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define anatomical terms from layman's terms to medical terms 2. Identify the bones of the appendicular skeleton 3. Label the bones <p>Lesson Overview:</p> <p>L 3 Appendicular Skeleton.pptx</p> <p>L4 Shoulder and Pelvic Girdle.pptx</p> <p>L 4 Classification of bones.pptx -</p>	<p>Academic SPORTS MED Standards:</p> <p>2.3</p> <p>2.3</p>
Wednesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define joints. 2. Identify the bony anatomy of the joints. 3. Give examples for the joints. 4. functions of different types of muscle. <p>Lesson Overview:</p> <p>L 5 Joint Structures.pptx -</p> <p>L 6 Muscle Types, Characteristics and Functions -</p>	<p>Academic SPORTS MED Standards:</p> <p>2.3</p>

Thursday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define terms for central nervous system. 2. Identify the functions. 3. Label the central nervous system. <ul style="list-style-type: none"> • Student will be able to: • Define terminology related to cardiovascular system. • Describe the basic functions of the heart and circulatory system that make up the cardiovascular system. <p>Lesson Overview:</p> <p>L 7 Central Nervous System - L 8 CARDIOVASCULAR SYSTEM -</p>	<p>Academic SPORTS MED Standards:</p> <p>2.1 2.3 2.2</p>
Friday	Notes:	<p>Objective:</p> <p>Review all the anatomy for the week and prepare for the test</p> <p>Lesson Overview:</p> <p>Do the study guide. Kahoot practice test</p>	<p>Academic SPORTS MED Standards:</p> <p>2.1 2.2 2.3 2.4</p>